



Hochschule  
für Gesundheit

”  
*Shaping Quality of Life*

# **Nursing**

*Degree Programme (B.Sc.)*



## ■ **A Warm Welcome – Your Hochschule für Gesundheit (hsg)**

The Hochschule für Gesundheit (University of Applied Sciences) is the first state-run university for healthcare professions in Germany. Since the winter semester 2010/2011 the hsg has been offering Bachelor degree programmes in the fields of midwifery, nursing, occupational therapy, physiotherapy and speech and language therapy.

As part of the Healthcare Campus North Rhine-Westphalia the hsg opens up far-reaching perspectives to its students in the growing healthcare sector. The hsg contributes actively and directly to improve the healthcare of the general public – interprofessionally, practice-oriented and scientifically sound.

This brochure provides you with general information about all aspects of the nursing degree programme. At **[www.hs-gesundheit.de](http://www.hs-gesundheit.de)** you will find more detailed information about the hsg and contact details. You can also contact us directly: please find our address and telephone number on the back of this brochure.

We look forward to hearing from you!

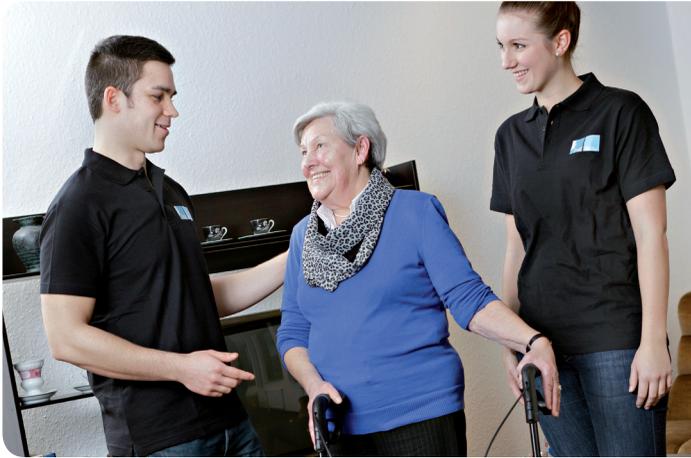
*Studying  
at the Hochschule  
für Gesundheit:  
surprisingly  
practical prospects!*



## ■ **Definitely Practical** **Studying at hsg**

The hsg offers comprehensive and practice-oriented degree programmes. These programmes comprise the Bachelor's degree as academic degree and the state examination under the law governing professions. This form of double qualification acquired at a state-run university is unique in Germany.

Teaching and learning are structured in modules and help to develop reflexion skills and self-organised learning. Case-oriented learning has been integrated as the central learning method for learning in typical clinical contexts. This learning method is also used to scientifically reflect and analyse current clinical practice.



## ■ **Always Something Special**

We offer our students interprofessional learning, intensive teaching of theory and practice and supervision over the course of the programme. During the first semesters all our students participate in interprofessional as well as profession-focused lectures and seminars. Students will experience the link between theory, practice and research and will be supervised by hsg professors during their clinical placements at cooperating clinical facilities.

## ■ **Learning through exchange** **Interprofessional Studies**

The hsg prepares its students for managing the fast-changing and demanding work requirements in the public health sector. For example, interprofessional cooperation will be an important prerequisite for optimal healthcare in the future. Interprofessional working skills facilitate the cooperation between various healthcare professionals in solving complex patient/ client problems to achieve an outcome that would not have been achieved by one profession solitarily.

Interprofessional teaching and learning ('Interprofessional Education' – IPE) as prerequisite for acquiring interprofessional working skills is a major feature of the hsg. Students learn and work together in projects, analyse what each profession could contribute to solve a problem and work together in Skills-Labs where students can put ideas to the test within the safe environment of the hsg. All degree programmes are interconnected by joint theory and practice modules, for developing interprofessional skills from the first day of study on. Role play, profession-related self-awareness, various methods of reflexion, communication and interaction training support this objective.

All teaching and researching members of the hsg are committed to supporting the concept of interprofessional work.

# Nursing

## ■ Focus on People Nursing Practice

Nursing care encompasses a wide range of activities and is assured of a good future. Being close to people is the core of nursing care, so the tasks associated with this profession are diverse and exciting.

Among scientific and social-political experts there is consensus that demand for professional nursing and healthcare services is increasing and will continue to do so, and that the range of nursing practice will expand constantly. More complex nursing care of people living in families, changing symptoms and life situations, advances made in medical sciences, expansion of prevention and rehabilitation services, as well as an ageing population are only some of the latest developments which explain the growing need for academically qualified health professionals.

But it is not only the core fields of healthcare and nursing services that need highly qualified professionals. Besides the "classic" fields of nursing practice – namely hospitals, nursing homes for the elderly, and community-based care services – there are numerous and new fields of activities. These include, for example, advising patients and their family caregivers, qualifying staff, working at hospices, or planning and establishing healthcare and nursing networks.

We offer you the undergraduate nursing degree programme at hsg to meet these challenges and guarantee that the course will keep pace with international developments in nursing care.

Nursing Degree  
Programme  
(B.Sc.)

## ■ Vital Knowledge and Skills The Nursing Degree Programme

The undergraduate nursing degree programme is organised in modules and also covers interprofessional discussions with students in other degree programmes offered at hsg (midwifery, occupational therapy, physiotherapy and speech and language therapy). At times, nursing students learn together with students of the other degree programmes.

### ■ The Course

The nursing degree programme prepares you to meet the challenges you will encounter in professional practice. An examination to obtain a professional licence as a nurse, a pediatric nurse or a geriatric nurse, is integrated into the degree programme.

It is a full-time programme, in which theory and practice phases alternate. On the one hand you study nursing theory and practice at hsg, and on the other hand you work in nursing practice, where you learn in interdisciplinary teams under supervision. The Hochschule für Gesundheit (University of Applied Sciences) cooperates closely with different nursing practice facilities. In the practical phases you are supervised by staff of hsg.

The study courses always start in the winter semester. In accordance with the Bologna structure the degree programme is organised in modules.



## ■ Nursing Curriculum

Hospitals, care homes, hospices – nursing students work already during their studies and cooperate closely with nurses, therapists and physicians and, on a regular basis, get to know everyday professional practice. The theory part of the curriculum includes “Scientific Research”, “Health, Illness, Administration of Medication”, “Nursing and Care in Special Life Situations”, “Holistic Care of Chronic Disease Patients”, “Managing Difficult Socially and Emotionally Relevant Situations” and “Nursing Practice in Complex Processes”.

During the practical part of the curriculum students get to know the different fields of nursing practice. Besides providing nursing services in clinical settings (e.g. internal medicine, surgery, paediatric wards), students also work in community-based care services and care homes for the elderly. Health education is also on the agenda.

## ■ Student Workload

The nursing degree programme is a full-time programme and comprises eight semesters including the Bachelor thesis. The student workload is measured according to ECTS credit points. One ECTS point is the equivalent of 30 hours (timetabled classes, but also private study and practice placements) and the overall degree programme corresponds to 210 ECTS. The degree programme comprises 29 theory and practice modules. In the course of your studies you can choose individually among required elective modules.

## ■ The Aim

The aim of the nursing degree programme is to enable students to perform nursing care based on evidence (i.e. science) in clinical and non-clinical fields.

After completing your studies you will be awarded the Bachelor of Science degree. After passing the state examination during your seventh semester you will earn the essential requirement for permission to use the professional title “nurse”, “paediatric nurse” or “geriatric nurse”.

## ■ Particularities

Learning together and practicing together – the undergraduate nursing degree programme replaces the formerly separate education of paediatric nurses, nurses and geriatric nurses in Germany. At the beginning of their studies, students decide on one of these main areas, yet they acquire knowledge and skills covering the whole spectrum of nursing care. The undergraduates in the nursing degree programme conclude a training contract with one of the numerous cooperative partners of hsg for a period of six semesters. These are for example, hospitals, welfare providers or care homes for the elderly. During this period students will receive a regular vocational training salary.



# Nursing

## ■ Contact

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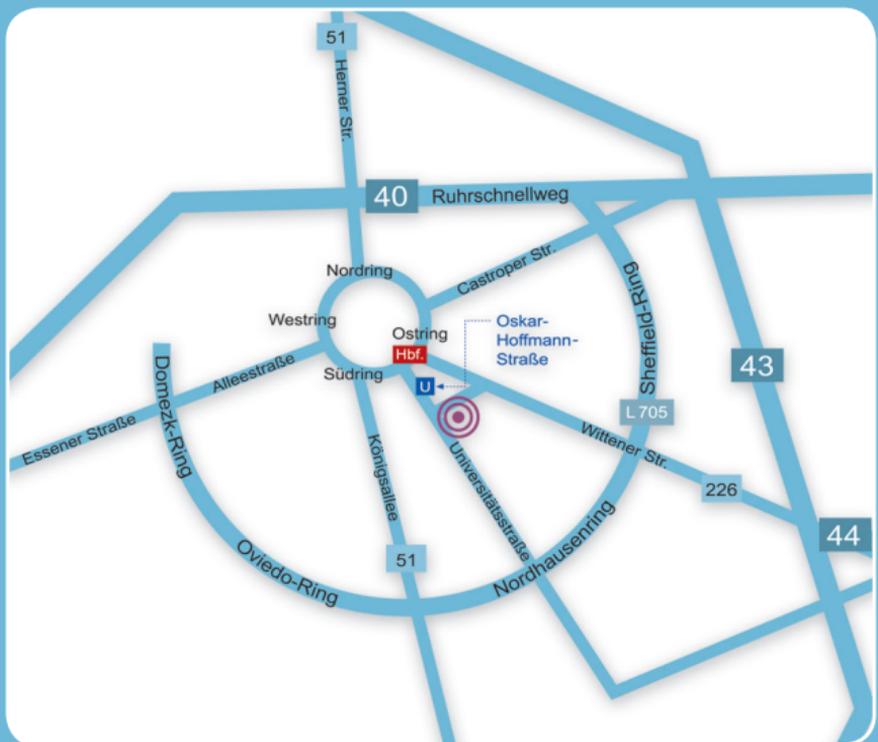
# Nursing

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## ■ How to find us



### By car:

If you come via the autobahn (A 40 or A 43), take the exit on to Sheffield Ring (L 705). Stay on the L 705 and take the exit marked “BO-Querenburg/BO-Wiemelhausen” and turn right at “K3/Universitätsstraße”. The Hochschule für Gesundheit (hsg) is on the right.

### By public transport:

From Bochum Central Station (Hauptbahnhof), take the underground, line U35, heading for “Hustadt/Querenburg”. Get off at “Oskar-Hoffmann-Straße” and take the “Brunsteinstraße” exit from the station. hsg is just a few minutes’ walk away.