



Hochschule
für Gesundheit

”

Brings New Life to the World

Midwifery

Degree Programme (B.Sc.)

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■ A Warm Welcome – Your Hochschule für Gesundheit (hsg)

The Hochschule für Gesundheit (University of Applied Sciences) is the first state-run university for healthcare professions in Germany. Since the winter semester 2010/2011 the hsg has been offering Bachelor degree programmes in the fields of midwifery, nursing, occupational therapy, physiotherapy and speech and language therapy.

As part of the Healthcare Campus North Rhine-Westphalia the hsg opens up far-reaching perspectives to its students in the growing healthcare sector. The hsg contributes actively and directly to improve the healthcare of the general public – interprofessionally, practice-oriented and scientifically sound.

This brochure provides you with general information about all aspects of the midwifery degree programme. At www.hs-gesundheit.de you will find more detailed information about the hsg and contact details. You can also contact us directly: please find our address and telephone number on the back of this brochure.

We look forward to hearing from you!

*Studying
at the Hochschule
für Gesundheit:
surprisingly
practical prospects!*



■ **Definitely Practical** **Studying at hsg**

The hsg offers comprehensive and practice-oriented degree programmes. These programmes comprise the Bachelor's degree as academic degree and the state examination under the law governing professions. This form of double qualification acquired at a state-run university is unique in Germany.

Teaching and learning are structured in modules and help to develop reflexion skills and self-organised learning. Case-oriented learning has been integrated as the central learning method for learning in typical clinical contexts. This learning method is also used to scientifically reflect and analyse current clinical practice.



■ **Always Something Special**

We offer our students interprofessional learning, intensive teaching of theory and practice and supervision over the course of the programme. During the first semesters all our students participate in interprofessional as well as profession-focused lectures and seminars. Students will experience the link between theory, practice and research and will be supervised by hsg professors during their clinical placements at cooperating clinical facilities.

■ **Learning through exchange** **Interprofessional Studies**

The hsg prepares its students for managing the fast-changing and demanding work requirements in the public health sector. For example, interprofessional cooperation will be an important prerequisite for optimal healthcare in the future. Interprofessional working skills facilitate the cooperation between various healthcare professionals in solving complex patient/ client problems to achieve an outcome that would not have been achieved by one profession solitarily.

Interprofessional teaching and learning ('Interprofessional Education' – IPE) as prerequisite for acquiring interprofessional working skills is a major feature of the hsg. Students learn and work together in projects, analyse what each profession could contribute to solve a problem and work together in Skills-Labs where students can put ideas to the test within the safe environment of the hsg. All degree programmes are interconnected by joint theory and practice modules, for developing interprofessional skills from the first day of study on. Role play, profession-related self-awareness, various methods of reflexion, communication and interaction training support this objective.

All teaching and researching members of the hsg are committed to supporting the concept of interprofessional work.

Midwifery

■ **Accompany. Trust. Strengthen.** **Midwifery Practice**

Traditionally midwives accompany women in a life phase that is associated with profound changes. Maintaining and ideally strengthening mother and child health are at the heart of this healthcare work. Building a trust relationship is the basis for meeting the individual needs of the women and their families.

The midwifery field of practice is diverse. Midwives care for women during pregnancy and childbirth. They take care of mother and child during the eight-week postnatal period and if necessary provide care beyond this time. Additionally, they offer antenatal and parenting courses.

■ **Outlook on the Job Market**

Midwives can work as salaried or self-employed healthcare providers. As salaried midwives they mainly work in obstetric departments at hospitals (especially in the labour ward and the postnatal ward, as well as counselling and caring for pregnant women and running parenting courses). Self-employed midwives work independently or in teams, e.g. at an independent midwifery practice, a birth centre or at the women's home and bill health insurance providers directly for their services.

Midwifery students gain knowledge and skills necessary for managing all those situations professionally. The curriculum includes traditional knowledge gained from experience in practical obstetrics as well as latest scientific findings.



■ **Growing Knowledge** **The Midwifery Degree Programme**

The midwifery degree programme is characterised by science-based education, which is closely connected with midwifery practice. The degree programme is organised in modules. Six of the in all 22 theory modules are interprofessional. Accordingly, all the students in the various hsg degree programmes (at present, besides midwifery, there are nursing, occupational therapy, physiotherapy and speech and language therapy) learn together in modules as “Scientific Research”, “Providers and Structures in Healthcare” or “Professional Communication and Interaction”.



Midwifery

■ Midwifery Curriculum

The profession-related modules cover topics that range from „The Pregnant Woman“ to „Conditions in Pregnancy, Delivery and the Postnatal Period“ to „Mother and Child after Birth“ and „Family and Children’s Health“. These modules at hsg are offered in the form of lectures, seminars, cooperative learning assignments, as well as practical exercises in the skills lab. The modules are closely connected with the practical study phases, in which students get to know the everyday job life of midwives thoroughly. They are assigned in small groups of students to work at different hospitals and also in non-clinical facilities – also at night and at weekends. On site, one student closely collaborates with one fieldwork educator. The experiences gained are critically reflected upon in special seminars taking place at hsg. Students thus gain competencies and skills needed for scientific-based midwifery practice.

■ Student Workload

The midwifery degree programme comprises eight semesters including the Bachelor thesis. It always starts in the winter semester. It is a full-time programme integrating the curriculum of the complete non-academic education of midwives. The student workload – timetabled classes, practical exercises, practical study phases and private study – corresponds to 210 ECTS credit points with one ECTS point corresponding to 30 actual hours.

Theory and practice phases alternate. For admittance to the state examination students must show 3.000 hours of practical work experience gained within three years. Therefore, the practical study phases comprise a total of 75 weeks with six weeks of vacation each year.

■ Particularities

The midwifery degree programme contains a double form of qualification, which so far is unique for Germany: Passing the state examination during the seventh semester is the requirement for gaining the permission to practice the midwifery profession. In the eighth semester, after successfully completing their studies and writing a Bachelor thesis, students earn the academic degree “Bachelor of Science”.



Midwifery

■ Contact

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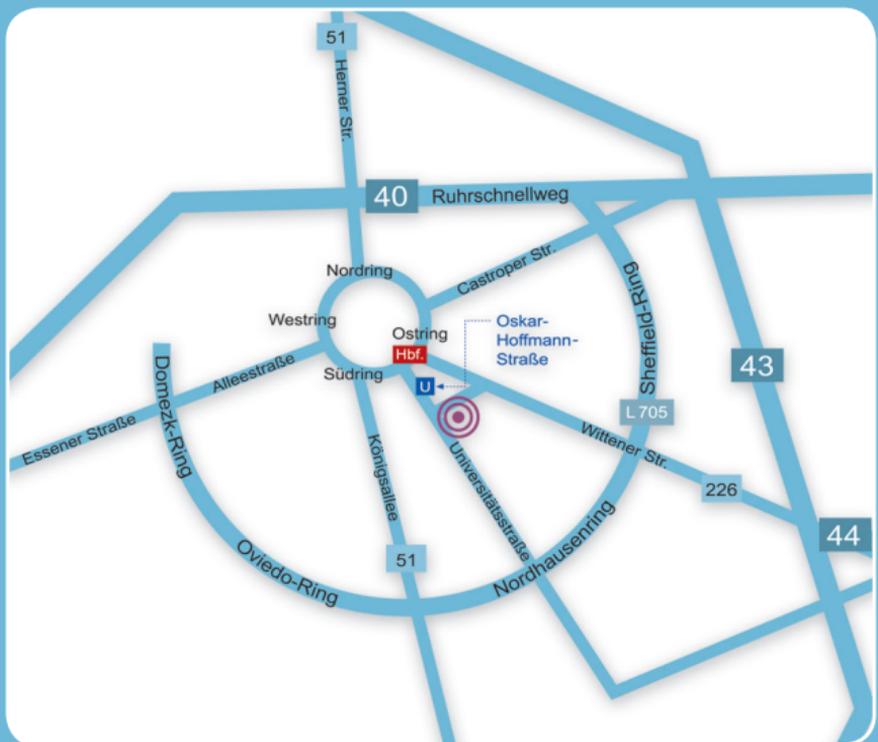
Midwifery

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■ How to find us



By car:

If you come via the autobahn (A 40 or A 43), take the exit on to Sheffield Ring (L 705). Stay on the L 705 and take the exit marked “BO-Querenburg/BO-Wiemelhausen” and turn right at “K3/Universitätsstraße”. The Hochschule für Gesundheit (hsg) is on the right.

By public transport:

From Bochum Central Station (Hauptbahnhof), take the underground, line U35, heading for “Hustadt/Querenburg”. Get off at “Oskar-Hoffmann-Straße” and take the “Brunsteinstraße” exit from the station. hsg is just a few minutes’ walk away.