



Hochschule
für Gesundheit

”

Promotes Health and Independence

Occupational Therapy

Degree Programme (B.Sc.)

“

■ A Warm Welcome – Your Hochschule für Gesundheit (hsg)

The Hochschule für Gesundheit (University of Applied Sciences) is the first state-run university for healthcare professions in Germany. Since the winter semester 2010/2011 the hsg has been offering Bachelor degree programmes in the fields of midwifery, nursing, occupational therapy, physiotherapy and speech and language therapy.

As part of the Healthcare Campus North Rhine-Westphalia the hsg opens up far-reaching perspectives to its students in the growing healthcare sector. The hsg contributes actively and directly to improve the healthcare of the general public – interprofessionally, practice-oriented and scientifically sound.

This brochure provides you with general information about all aspects of the occupational therapy degree programme. At www.hs-gesundheit.de you will find more detailed information about the hsg and contact details. You can also contact us directly: please find our address and telephone number on the back of this brochure.

We look forward to hearing from you!

*Studying
at the Hochschule
für Gesundheit:
surprisingly
practical prospects!*



■ **Definitely Practical** **Studying at hsg**

The hsg offers comprehensive and practice-oriented degree programmes. These programmes comprise the Bachelor's degree as academic degree and the state examination under the law governing professions. This form of double qualification acquired at a state-run university is unique in Germany.

Teaching and learning are structured in modules and help to develop reflexion skills and self-organised learning. Case-oriented learning has been integrated as the central learning method for learning in typical clinical contexts. This learning method is also used to scientifically reflect and analyse current clinical practice.



■ **Always Something Special**

We offer our students interprofessional learning, intensive teaching of theory and practice and supervision over the course of the programme. During the first semesters all our students participate in interprofessional as well as profession-focused lectures and seminars. Students will experience the link between theory, practice and research and will be supervised by hsg professors during their clinical placements at cooperating clinical facilities.

■ **Learning through exchange** **Interprofessional Studies**

The hsg prepares its students for managing the fast-changing and demanding work requirements in the public health sector. For example, interprofessional cooperation will be an important prerequisite for optimal healthcare in the future. Interprofessional working skills facilitate the cooperation between various healthcare professionals in solving complex patient/ client problems to achieve an outcome that would not have been achieved by one profession solitarily.

Interprofessional teaching and learning ('Interprofessional Education' – IPE) as prerequisite for acquiring interprofessional working skills is a major feature of the hsg. Students learn and work together in projects, analyse what each profession could contribute to solve a problem and work together in Skills-Labs where students can put ideas to the test within the safe environment of the hsg. All degree programmes are interconnected by joint theory and practice modules, for developing interprofessional skills from the first day of study on. Role play, profession-related self-awareness, various methods of reflexion, communication and interaction training support this objective.

All teaching and researching members of the hsg are committed to supporting the concept of interprofessional work.

Interprofessional
Therapy

■ Professional Expertise Occupational Therapy Practice

Taking care of people suffering from various acute and chronic health conditions is an increasingly complex task which requires professional support. Occupational therapy is an important person-related healthcare service. It focuses on human occupation and understands its importance for clients in the life contexts of self-care, productivity and leisure.

The ability to live a life with quality as independent as possible is one of the basic human needs and a very central foundation of occupational therapy concepts and interventions. Occupational therapy services are offered, for instance, in the fields of prevention, health promotion and rehabilitation in individual or group settings.

Occupational therapy interventions target individuals from childhood to old age. Occupational therapy is of growing importance also due to times of societal demographic change and increasingly technological medical services.

Occupational therapists work in outpatient and inpatient settings. This can take place in different facilities – for instance in:

- private practices
- rehabilitation units
- day care centres for mentally challenged people or mental health day care centres
- nursing homes
- regular and special schools
- paediatric outpatient centres
- medical store offering assistive devices and equipment
- consultation services



■ Outlook on the Job Market

Occupational therapists work at many different healthcare facilities, for example hospitals, residential homes, private practices or sheltered workshops. They work in direct contact with their clients and the clients' family caregivers. Other job opportunities may be quality management tasks, project tasks or contributions to research projects.



■ The Aim – Learning to Act

The undergraduate studies in occupational therapy lead to a Bachelor of Science degree. By passing the state examination in the sixth semester, the student will additionally earn the essential requirement for gaining permission in Germany to use the professional title “occupational therapist”.

The occupational therapy degree programme aims to enable its students to work in a science-based, evidence-based and reflective manner within various fields of action and in differently structured multi-professional clinical teams.

Occupational Therapy

■ **The Occupational Therapy Degree Programme**

The occupational therapy degree programme at hsg combines theoretical with practical training courses (Skills-Lab Training at hsg and placement courses). From the very beginning of the programme, the studies alternate between hsg and different healthcare facilities to prepare the student for the specific work with clients in the different clinical facilities. This ultimately enables the student to work in a science-based, context-related, disciplinary and interdisciplinary manner. In the process of the studies the student can choose between different thematic priorities. For the placement courses, hsg cooperates with (clinical) healthcare facilities located in the region.

This shows that on the one hand the education is conducted at university level from day one, and moreover on the other hand the student will later be permitted to work as a state-approved occupational therapist who can apply for approval of health insurance providers. Thus, hsg is the first state-run higher education institution in Germany offering high-level academic education in occupational therapy to acquire both the Bachelor degree and the state examination.

During the degree programme students learn in a practice-oriented and competence-oriented way. They work, for instance, in concrete projects and by means of clinical cases (problem-based learning), and as far as possible they discuss questions within interdisciplinary student groups of hsg.

In accordance with the Bologna Accord, the occupational therapy degree programme is organized in modules. Programme enrolment is offered each winter semester.



■ **Student Workload**

The occupational therapy degree programme is a full-time programme and comprises seven semesters including the Bachelor thesis. The student workload is measured according to ECTS credit points. One ECTS credit point is the equivalent of 30 hours (timetabled classes, but also private study and placements) and the overall occupational therapy degree programme corresponds to 210 ECTS. The programme comprises of 6.300 hours and consists of in total 28 modules (including 20 compulsory modules, two modules with options, five placement modules and the Bachelor thesis module).

■ **Particularities**

The undergraduate occupational therapy degree programme leads to two qualifications – state approval including permission to use the professional title “Occupational Therapist” (after passing the state examination in the sixth semester), and the academic degree “Bachelor of Science” (after successfully completing the overall occupational therapy degree programme).

Occupational Therapy

■ Contact

Prof. Dr. Philipp Eschenbeck

Head of Occupational Therapy (B. Sc.)



Christian Mücke

Head of Student Affairs Office



**Hochschule für Gesundheit
University of Applied Sciences**

Universitätsstraße 105
44789 Bochum | Germany

Telephone: +49 234 77727-369

studierendenservice@hs-gesundheit.de
www.hs-gesundheit.de

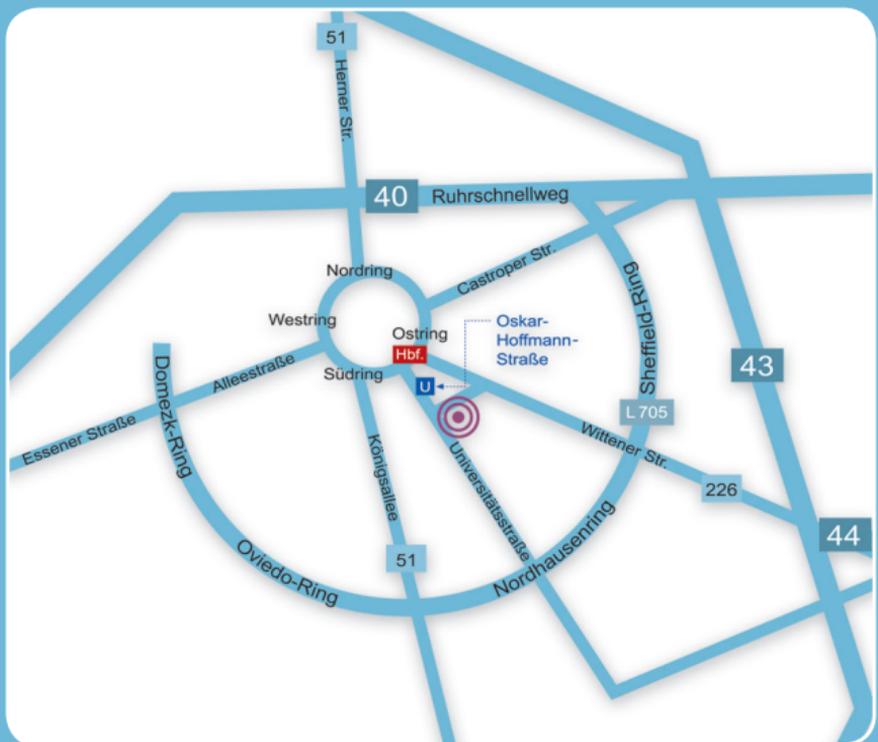
Occupational
Therapy

■ Hochschule für Gesundheit (University of Applied Sciences)

Universitätsstraße 105
44789 Bochum | Germany
Telephone: +49 234 77727-0

info@hs-gesundheit.de
www.hs-gesundheit.de

■ How to find us



By car:

If you come via the autobahn (A 40 or A 43), take the exit on to Sheffield Ring (L 705). Stay on the L 705 and take the exit marked “BO-Querenburg/BO-Wiemelhausen” and turn right at “K3/Universitätsstraße”. The Hochschule für Gesundheit (hsg) is on the right.

By public transport:

From Bochum Central Station (Hauptbahnhof), take the underground, line U35, heading for “Hustadt/Querenburg”. Get off at “Oskar-Hoffmann-Straße” and take the “Brunsteinstraße” exit from the station. hsg is just a few minutes’ walk away.